



# NORTH KENT SERVICE CENTER CLIENT NEWSLETTER

10075 Northland Drive 616-866-3478  
**June 2009**



**NEW SUMMER HOURS: June 1st ~ Sept 4th**  
**MONDAY-THURSDAY 8-6 ~ CLOSED FRIDAY**  
**Pantry of Choice—Mon & Wed, 9-3:15, Thur. 12-5:30**  
**Furniture Hours, Thursday, 8:00~11:00**  
**While Furniture Lasts—Call First to see if furniture area is open!**

### Children's Summer Lunch Packs

To help out with food for your children once school is out, we will be putting together a summer lunch pack. This is what you need to know:

- You may pick up a Summer Lunch Pack once a month for June, July, & August
- One pack for every 3 school age children.
- School age children are ages 5 to 17 years old
- Check in at front desk
- You will receive a slip (similar to furniture)
- Take slip to side door where pantry food is distributed.
- Pick up lunch pack
- Enjoy your Summer Lunch Packs!!!

### Christmas in May Personal Care Item Drive

The personal care items collected during the TV8 Christmas in May Drive, will be distributed through our Pantry of Choice. Also a portion of them will be passed on to our five support pantry's. When you visit the Pantry, you will have more selection to choose from. We are fortunate to live in a community that is so generous!

**Thank You Spartan Stores and TV 8**

### NKSC FOOD RESOURCES

- ~Shop in our Pantry of Choice – 3 times each year. (1 time every 4 months)
- ~Call us and ask for a referral to one of our other 5 support pantries when in need of food. You must be referred!
- ~Receive pre-packed bag(s) of food – up to 3 times per year- ONLY IF YOU DON'T quality for commodities, see your Case Manager.
- ~Ask a Case Manager for information on the commodities program.
- ~Or buy food boxes from Angel Food Ministries - \$30.00/mo – they accept food stamps.
- ~Information on the Mobile Food Trucks & Angel Food Ministries are available on the information table in the front entry area.

### *Food Sources Available*

#### St Stephen's Mobile Food Pantry

Start time is 5:00 PM at 6070 Kuttskill Dr. NE  
(corner of Rogue River/Northland Dr./Kuttshill)  
3rd Monday of each month!

	Sept 21
June 15	Oct 19
July 20	Nov 16
Aug 17	Dec 21

#### Gleaners Food Truck at North Kent Service Center

On the following Mondays at 3:00 pm

June 22	Aug 24
June 29	Aug 31
July 13	Sept 28

### **COFFEE HOUR!!!**

*With our new summer hours we have had to cancel our Friday morning coffee hour. We are in the process of scheduling a new time and will keep you posted.*



### NKSC Rules

- ~Clients must check in at the front desk and be approved prior to shopping by any member of the household.
- ~Only those listed on your file may shop.
- ~Only 1 cart per file, must register first before getting cart! No carts allowed in restroom!
- ~Household items are in short supply. Please limit these selections to no more than 10 items per household or follow the sign posted.
- ~Shopping time should be limited to 45 minutes.

*Thank you for your consideration in following our rules so we can continue providing services to you and your family!*

## *Time to Re-qualify*

You must re-quality every 6 months. When re-qualifying, all North Kent Service Center clients or households must be prepared to provide the following information.

(No re-qualifying appointments taken after 5:00 pm, Monday ~ Thursday)

- ~Proof of Household Income- 2008 Income Tax Form, check stub, or other income.
- ~Social Security Card for each person in the household.
- ~Michigan Photo Identification or Michigan Drivers License.
- ~A CURRENT BILL received in the past 30 days showing your current address which matches the address on your picture ID, prefer gas or electric.

### *Blood Pressure Screening*

#### How do you know if you have high blood pressure?

Most people with high blood pressure have no symptoms at all. There are no specific warning signs. The only way to find out if you have high blood pressure is to have it checked. We will have a nurse here at NKSC from 9-11, checking blood pressures on the dates listed below. Stop by and stay healthy!

*Wednesday~June 10th*

*Thursday~June 25th*

### Are You Eligible for Food Stamps?

*One call will let you know if you can get Food Stamps  
And estimate how much you should receive.*

*Call 1-800-481-4989*

*Mon~Fri, 9 am to 5 pm to find out more!*

### Attn: Women between 40 & 64!!!

Are you in need of a mammogram? Has it been over a year since your last one? The women of the Rotary will be available for transportation to mammogram appointments on September 12th. Income guidelines apply. Ask a case manager if you qualify. There are a limited number of spaces available.

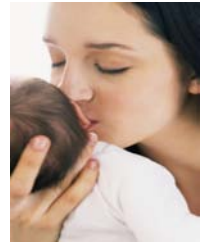
*First Come, First Serve!*

### Are you in need of Diabetic Shoes?

Ace Medical will be here senior pantry day, May 14th & May 28th to measure for diabetic shoes. Call Sylvia Murphy to see if you qualify!

**616-901-8949**

*Check out this program  
if you are  
pregnant and want to de-  
liver a healthy baby!*



### The Parent-Child Assistance Program (PCAP)

&

### Center for Substance Abuse Prevention.

#### *The Goal:*

- ~to help mothers build and maintain healthy independent family lives;
- ~to assure that children are in safe and stable homes;
- ~to prevent future births of alcohol and drug exposed children.

#### *Who is Eligible? Women who:*

- ~abuse alcohol during pregnancy;
- ~are pregnant or up to 6 months post partum and;
- ~are ineffectively connected to community services.

*Talk to a Case Manager for more information.*

**Save the Date..... \$10.00 Oil Change.....Saturday, Sept 19th.....John Decker Chevrolet**